



www.amalgamated-bronx.coop

www.parkreservoircoop.org

Co-op Bulletin

October 6, 2022

In observance of Indigenous Peoples Day/Columbus Day

Monday, October 10th

the following offices will be **CLOSED**:

Co-op Office | **Service Department** (for emergencies only, call 718-548-0300)

Credit Union (*Credit Union will open on Tuesday, October 11th • 9am-12noon & 2pm-8pm*)

NORC Office (*Closed on Monday, October 10th & Tuesday, October 11th to observe Sukkot*)



FREE CONCERT - THIS SATURDAY AT 2PM

Saturday, October 8th - The Lehman Chamber Players

2pm - Recital Hall (3rd Floor - Music Building)

Lehman College 250 Bedford Park Boulevard West • Music Building • 3rd Floor

Admission FREE! Must present ID and Covid vaccination cards.

Violinist Anton Miller, violist Rita Porfiris, cellist Hamilton Berry, and pianist Diana Mittler-Battipaglia perform works by Faure, Brahms, and Ponce.



LAST CALL... SAFETY DRIVING CLASS

Safety Driving Class at our Co-op - Vladeck Hall

Saturday, October 15th • 10am-4pm • \$45



Drivers of all ages may take the course. Please note that by taking the course, you will be eligible for a 4-point reduction on your driving record and/or 10% off auto insurance (liability & collision for 3 years). Please make checks payable to: **Gotham Driving School**. If you are interested, you must sign-up and pay with the Education Office. Checks are non-refundable. For more information, please call Education at 718-796-9300 or email: education@amalgamatedparkres.coop. Space is very limited.

NORC • 718-548-4990

Stanley Scher's Exercise Classes will continue through December!

Tai Chi will be followed by additional exercise classes geared to making sure that you stay active and healthy. SAIL - Stay Active and Independent for Life begins Friday October 14th and continues on Wednesday October 19th, Friday October 21st, Wednesday October 26th and Friday October 28th. Classes take place at 10 AM

HealthTalk: Hypertension

Wednesday, October 12th at 2 PM in Vladeck Hall

Learn how to manage and deal with high blood pressure from the experts at Montefiore/Einstein

HealthTalk: Health Insurance Choices

Thursday, October 20th at 1:30 PM in Vladeck Hall

Are you confused about all the Health Insurance choices? Do you know which plan is best for your needs? Join us on October 20th at 1:30 PM in Vladeck Hall as representatives from the Health Insurance Information Unit will discuss the new plans available for this coming year.

ARE YOU COVERED? HOME OWNERS INSURANCE

As a reminder, all cooperators are required to have home owners insurance. To avoid a \$125 admin fee for noncompliance on your December maintenance bill, please make sure the office retains a copy of your latest home owners insurance. You can ask your insurance company to put us down as an interested party so that they can automatically send us a copy of the policy. If you would like to verify if we have your latest policy, you may call 718-796-9300.

NY COMMON PANTRY

FOOD PANTRY AT VLADECK HALL • Friday, October 14th • 9:00am-12pm

Sponsored by Council Member Eric Dinowitz, Assemblyman Jeffrey Dinowitz, and NY Common Pantry



NOURISH
A Supplemental Food Nutrition Program



FREE FOOD PACKAGES FOR SENIORS EVERY MONTH!

Please note: bring a shopping cart as the packages are heavy.

For more information, call NY Common Pantry at 917-982-2562.

TRAIN PARK GARDEN

The Train Park Garden now has one elevated bed. We are considering the possibility of adding another in time for spring planting. The purpose of elevated beds is to allow people who are physically unable to work in traditional gardens the opportunity to have access to a gardening space. If you are interested, please email tpgampark@gmail.com or call/text 917-613-8221.

ATTENTION: PARK RESERVOIR COOPERATORS



VOTE NOW for the Board of Directors!!!

They make the decisions regarding the Co-op.



Please note: You should have received your ballot in the mail from HONEST BALLOT. It is not junk mail.

You can vote online or you can drop off your ballot at the Co-op office.

For the paper ballots, please check off the 4 candidates that you are voting for, place the ballots inside the WHITE envelope, then place the white envelope inside of the YELLOW envelope. Please sign the yellow envelope and return.

If you have **not received** your ballot, please call Honest Ballot at 800-541-1851.

Save the Date... The Park Reservoir Annual Stockholders Meeting is on Sunday, October 23rd at 10:00am ~ Details to follow soon. ~



October is Co-op Month...



"...The ultimate power of leadership rests with each individual stockholder. By casting a vote for the candidate of your choice, you, the stockholder will play a key role in determining the direction this community will take in the crucial years ahead. That is true democracy. And when you fail to vote, you play a role in the subversion of the cooperative spirit by which we have lived for all the years of our existence."

Judah Goldstein, Education Director, 1979-1988